MAINTAINING LIFE

IN THE SPIRIT FOR YOUR MARRIAGE

When you make a mistake, sin, do something wrong to your spouse, or fail to good to them, there are seven things that Jesus has prepare for you to do to maintain your life in the Spirit

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Introduction

In this pamphlet, there are two major references to spiritual tools in two toolsets that you will be using. They are explained in greater detail in "The Right Source For Healing Marriage" book. However, Jesus will help you get an adequate working knowledge in this Introduction, so you can use these spiritual tools for helping you handle issues in your marriage. The two toolsets are The Three Keys To All Of Christianity and The **Word Of Faith** process.

The Three Keys To All Of Christianity

Mat 7:7 (NIV) *Ask* and it will be given to you; *seek* and you will find; *knock* and the door will be opened to you. The three keys are: *Ask, seek,* and *knock*. The main key you will be using in this pamphlet will be the *ask key.* It is quite simply asking for everything rather than you trying to do spiritual things by human effort, human reasoning, and world training.

Rather than you *trying* love or be kind to your spouse with human love, you *ask* Jesus to help you demonstrate a supernatural love in the form of a supernatural kindness. This helps you live the Christian life by looking to Jesus for His power, rather than looking to yourself and your abilities. Your marriage takes on a God-sized improvement, because you changed sources for where you get your abilities, skills, talents, experiences, and power.

The Word Of Faith Procedure

Rom 10:8 (NIV) But what does it say? "The word is near you; it is in your *mouth* and in your *heart*," that is, the word of faith we are proclaiming. This is laying out a procedure that you are to use for the rest of your Christian life. As a child of God, this is the way you obtain the things of God. And, it all started off with the way you got saved and become a child of God, a member of His family, and a citizen of His eternal Kingdom instantly.

Rom 10:17 (NIV) Consequently, *faith* comes from hearing the message, and the message is heard through the word (rhema: spoken word) of Christ. When someone presented the gospel message to you, Jesus spoke faith into you, so you could use the **Word Of Faith** procedure for being saved. **Rom 10:9 (NIV) That if you confess with your *mouth*, "Jesus is Lord," and believe in your *heart* that God raised Him from the dead, you *will* be saved.**

Jesus' faith, that went into your heart, as you were listening to the gospel message, empowered you to be able to **believe in your *heart* that God raised** Jesus **from the dead.** And, that gave you the power to be able to **confess with your *mouth*, "Jesus is Lord,"** The thing few new Christians are told is, **The word is near you; it is in your *mouth* and in your *heart,* that is, the word of faith we are proclaiming.**

So, in the presentation in this pamphlet, you will be helped to use these two toolsets to get Jesus' help with the difficult issues of your marriage. These are powerful tools and toolsets that you can use in any situation. But, in this case, they will just be presented for the purpose of Maintaining Life In The Spirit For Your Marriage.

Instructions For Maintaining Life In The Spirit

STEP ONE: Yield To Conviction

John 16:8 (NIV) When He (the Holy Spirit) comes, He will *convict* the world of *guilt* in regard to sin and righteousness and judgment. The Holy Spirit will give you an indication called conviction. It is a good type of guilt that helps you know you messed up in your relationship with your spouse. **2 Cor 7:10 (NIV) Godly sorrow brings *repentance* that leads to salvation and leaves no regret, but worldly sorrow brings death.**

STEP TWO: Identify

Rom 5:5 (NIV) And hope does not disappoint us, because God has poured out His love into our hearts by the Holy Spirit, Whom He has given us. Go to your God's-love list and identify which aspect of God's love you have failed to yield to. If you don't have a God's Love List, then you can make one up from 1 Corinthians 13:4-8a.

God's Love List is: **Love does not envy; it does not boast; it is not proud. It is not rude; it is not self-seeking; it is not easily angered; it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.** Ask Jesus to help you identify which one you failed to yield to. Then ask Him to help you get it functioning in your life again.

STEP THREE: Mourn

Romans 7:15 (NIV) I do not understand what I do. For what I *want* to do I do not do, but what I *hate* I do. God's power-attitude, which you have identified, and, now have functioning in your life again, is empowering you to *hate* it, when you mistreat your spouse. If you don't feel that hatred, you will need to *quickly* go to Jesus and ask Him to reinstall it in your heart. You should feel a regret, sorrow, hatred and godly-guilt for what you have thought, felt, said, or done, concerning your spouse.

STEP FOUR: Repent

1 John 1:9 (NIV) If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. Tell Jesus that you are sorry for mistreating your spouse. Ask Him to forgive you for what you did. Then ask Him to empower you to never do it again. Thank Him for His forgiveness and power to resist things that hurt your spouse. Then ask Him to help you go make it right with your spouse.

STEP FIVE: Believe

Heb 12:2 (NIV) Let us fix our eyes on Jesus, the Author and Perfecter of our faith, Who for the joy set before Him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Ask Jesus to give you His faith, so you can apply the **Word Of Faith** procedure. Keep asking Him for His faith, so you can believe. Keep asking until you experience Hebrews 11:1. Which *is* your power to *believe.*

STEP SIX: Confess

Heb 11:1 (NIV) Now faith is being *sure* of what we hope for and *certain* of what we do not see. Once you are **sure** and **certain** that the aspect of God's love, that you failed to yield to, is back in a functioning condition, then confess with your mouth that Jesus has empowered you to yield to that love characteristic. Let your ears hear this statement from your mouth, so they can transfer that confession to your mind and heart. That will help them agree with that confession of faith.

Rom 10:8 (NIV) But what does it say? "The word is near you; it is in your *mouth* and in your *heart*," that is, the Word Of Faith we are proclaiming. This is where you admit that the Bible is true and that Jesus is faithful. Your mouth is the steering mechanism for your life. When you confess the truth with your mouth, it steers you into actually living those things you are saying.

STEP SEVEN: Be Thankful

Col 3:15 (NIV) Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. *And be thankful*. Thank Jesus for everything He does for you. Be looking for every breakthrough, blessing, miracle, and answer to prayer. Identify each one of them as being from Jesus. Then tell Him how much you appreciate each one of them. Be thankful for all of them.

Steps To Maintaining Life In The Spirit

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John 16:8 (NIV) When He (the Holy Spirit) comes, He will *convict* the world of *guilt* in regard to sin and righteousness and judgment. Jesus, help me see that, I have wronged my spouse. The Holy Spirit is giving me an indication through conviction. I accept it as a good type of guilt that helps me know I messed up in my relationship with them. **2 Cor 7:10 (NIV) Godly sorrow brings *repentance* that leads to salvation and leaves no regret, but worldly sorrow brings death.**

STEP TWO: Identify

Rom 5:5 (NIV) And hope does not disappoint us, because God has poured out His love into our hearts by the Holy Spirit, Whom He has given us. Jesus, as I look at my God's-Love List, help me identify which aspect of God's love I have failed to yield to. Help me compare my misbehavior, to my spouse, with those characteristics on the list. Help me remember all those thoughts, feelings, words, and deeds that I abused my spouse with. Show me all of those love aspects that apply to what I thought, felt, said, and did. Let them be the ones that will heal me from ever doing those things again.

Jesus, which of these characteristics, in God's Love List, are the ones I failed to yield to? Help me identify them, then help me get them functioning in my life again. **Love does not envy; it does not boast; it is not proud. It is not rude; it is not self-seeking; it is not easily angered; it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.**

STEP THREE: Mourn

Romans 7:15 (NIV) I do not understand what I do. For what I *want* to do I do not do, but what I *hate* I do. Jesus, I messed up with certain aspects of God's power-love, that You helped me identify and get functioning in my life again. Let them empower me to **hate** what I have done, by mistreating my spouse. If I don't feel that hatred, then reinstall it in my heart. Help me feel a regret, sorrow, hatred, and godly-guilt for what I have thought, felt, said, or done, concerning my spouse.

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STEP FIVE: Believe

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Heb 11:1 (NIV) Now faith is being *sure* of what we hope for and *certain* of what we do not see. Jesus, now that I am **sure** and **certain** that the aspect of God's love, that I failed to yield to, is back in a functioning condition, help me confess with my mouth that You have empowered me to yield to that love characteristic. Help me let my ears hear this statement from my mouth, so my mind and heart can agree with my confession of faith.

Rom 10:8 (NIV) But what does it say? "The word is near you; it is in your *mouth* and in your *heart*," that is, the Word Of Faith we are proclaiming. Jesus, I admit that the Bible is true and that You are faithful. Since my mouth is the steering mechanism for my life, help me confess the truth with my mouth, so it will steer me into actually living those things I am saying. I now confess that I have this aspect of God's love-power functioning in my life, with my spouse.

STEP SEVEN: Be Thankful

Col 3:15 (NIV) Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. *And be thankful.* Jesus, I thank You for everything You do for me. Help me keep looking for every breakthrough, blessing, miracle, and answer to prayer. Help me identify each one of them as being from You. Then help me keep telling You how much I appreciate each one of them. Help me always be thankful for all of them.