

Praying Romans Chapter Eight

We are presenting a method of praying and receiving all the things presented in this chapter. This is the fulfillment of Matthew 7:7-11 by you asking, seeking, and knocking so as to be empowered to live the victorious Christian life. This is an example of how you can apply prayer to every verse in the Bible so you will be able to get everything written in the Bible.

Taking Advantage Of Salvation Provisions

By you being born again, you are now God's child; you and your heavenly Father now have a relationship where you are qualified through grace and mercy to get His help with all your needs. So, let's take a look at the steps into praying for you getting those needs met because of that relationship.

STEP ONE: Know There Is No Condemnation

Rom 8:1 (NIV) Therefore, there is now no condemnation for those who are in Christ Jesus. Jesus, I pray that You would help me not feel any condemnation; I ask to be able to believe that I am set free from feeling or thinking that I have been condemned. Thank You for setting me free!

STEP TWO: Know You Are Free

Rom 8:2 (NIV) Because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death. Jesus, I pray that You would help me know, understand what it means, and live on the basis of my freedom from the law of sin and death.

STEP THREE: Know What Jesus Did

Rom 8:3 (NIV) For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending His Own Son in the likeness of sinful man to be a sin offering. And so He condemned sin in sinful man. Jesus, I thank you so much for being willing to come to earth and die in my place. You are so wonderful to give me Your sacrificial love and care. It is my privilege to have You as my Savior, Lord, and King. Help me to always be thankful and to give You my praise and appreciation.

STEP FOUR: Know What Has Been Done For You

Rom 8:4 (NIV) In order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit. Jesus, thank You for causing "the righteous requirements of the law" to be fully met in me. Thank You for crediting them to my record and for helping me to start to get them into my life. Help me grow in "the righteous requirements of the law" through sanctification.

STEP FIVE: Know How To Set Your Mind

Rom 8:5 (NIV) Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. Jesus, help me to have my mind set on what the Spirit desires. Set me free from having my mind set on what the sinful nature desires. Set me free from living according to the sinful nature; empower me to live in accordance with the Spirit.

STEP SIX: Know How To Control Your Mind

Rom 8:6 (NIV) The mind of sinful man is death, but the mind controlled by the Spirit is life and peace. Jesus, set me free from the mind of sinful man; help me yield to the control of the Holy Spirit. Empower my thoughts to be controlled by the Spirit so I can have life and peace.

STEP SEVEN: Know How To Be Free From The Sinful Mind

Rom 8:7 (NIV) the sinful mind is hostile to God. It does not submit to God's law, nor can it do so.

NOTE: We took Romans 12:1-2, which tells how to get a renewed mind, and used it to help us know how to pray against a sinful mind and for a renewed mind. **Rom 12:1-2 (NIV)**

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--His good, pleasing and perfect will.

Jesus, set me free from the thoughts, philosophies, world training, and body training that developed the sinful mind. Set me free from its hostility to You. Set me free from its inability to submit to Your laws. Renew my mind by helping me offer my body as a living sacrifice, holy and pleasing to You, God—because this is my spiritual act of worship.

Help me not conform any longer to the pattern of this world, but be transformed by the renewing of my mind. Then I will be able to test and approve what Your will is--Your good, pleasing and perfect will.

STEP EIGHT: Know How To Please God

Rom 8:8 (NIV) Those controlled by the sinful nature cannot please God. Jesus, set me free from being controlled by the sinful nature; give me the power to always be pleasing to God.

STEP NINE: Know That The Spirit Lives In You

Rom 8:9 (NIV) You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. Jesus, thank You for setting me free from being controlled by the sinful nature. Help me yield to the control of the Holy Spirit. Thank You for putting the Spirit of God in me to live there. I thank You that I have the Spirit of Christ so I can belong to You.

STEP TEN: Know Your Spirit Is Alive

Rom 8:10 (NIV) But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. Jesus, thank You for living inside me; thank You for making my spirit alive; thank You for giving me righteousness.

Taking Advantage Of Sanctification Provisions

These are the steps for getting healing and miracles in your behavior. This is dealing with your relationship with yourself and with other people. Salvation took care of your relationship with God; and now, sanctification is starting to work on your human relationships.

STEP ONE: Know How To Get Life For Your Body

Rom 8:11 (NIV) And if the Spirit of Him Who raised Jesus from the dead is living in you, He Who raised Christ from the dead will also give life to your mortal bodies through His Spirit, Who lives in you. Jesus, let the Spirit of God give life to my mortal body through Your Spirit, Who lives in me.

STEP TWO: Know Where Your Obligation Is

Rom 8:12 (NIV) Therefore, brothers, we have an obligation--but it is not to the sinful nature, to live according to it. Jesus, help me not feel any obligation to the sinful nature, to live according to it.

STEP THREE: Know How To Put To Death The Misdeeds Of The Body

Rom 8:13 (NIV) For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. Jesus, teach me how to not live according to the sinful nature, give me the power to not live according to the sinful nature, and help me work together with the Holy Spirit to put to death the misdeeds of my body. Give me Your life, I pray.

STEP FOUR: Know How To Be A Son Of God

Rom 8:14 (NIV) Because those who are led by the Spirit of God are sons of God. Jesus, help me be led by the Spirit of God; help me be a son of God.

Learning To Live The Life Of Faith

STEP ONE: Know You Have The Spirit Of Sonship

Rom 8:15 (NIV) For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by Him we cry, “Abba, Father.” Jesus, help me not yield to the spirit that makes me a slave again to fear. Help me know I have already received the Spirit of sonship; help me yield to Him so I can cry out, “Abba, Father.”

STEP TWO: Know You Are God’s Child

Rom 8:16 (NIV) The Spirit Himself testifies with our spirit that we are God’s children. Jesus, help me hear the Spirit as He testifies with my spirit that I am a child of God. Help me accept this assurance that I am God’s child. Help me live on the basis of the fact that I am God’s child.

STEP THREE: Know You Are An Heir Of God

Rom 8:17 (NIV) Now if we are children, then we are heirs--heirs of God and co-heirs with Christ, if indeed we share in His sufferings in order that we may also share in His glory. Jesus, help me believe that I am an heir of God and a co-heir with You. Help me know what that means and how to take advantage of it. Help me be willing to share in Your sufferings so I can also share in Your glory.

STEP FOUR: Know The Value Of The Glory

Rom 8:18 (NIV) I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. Jesus, help me consider that my present sufferings are not worth comparing with the glory that will be revealed in me. Help me appreciate what You are currently producing in me and what You will reveal in my eternal future. Help me see how little the things of my body, the things of the world, and the things of Satan are worth.

STEP FIVE: Know The Truth About The Sons Of God

Rom 8:19 (NIV) The creation waits in eager expectation for the sons of God to be revealed. Jesus, help me see that this world and this temporal life isn’t my future.

STEP SIX: Know Why Bad Things Happen On Earth

Rom 8:20 (NIV) For the creation was subjected to frustration, not by its own choice, but by the will of the One Who subjected it, in hope. Jesus, help me understand why this earth and the circumstances produce such bad and difficult results for us humans. Help me see that its difficulties, storms, earthquakes, heat and cold, disease, and decay are telling me that this is not my home.

STEP SEVEN: Know About The New Heaven And Earth

Rom 8:21 (NIV) **That the creation itself will be liberated from its bondage to decay and brought into the glorious freedom of the children of God.** Jesus, help me realize that my future is invested in the new heaven and earth. Help me have an eternal perspective; help me learn how to make my investments in my eternal future. Help me do what it takes to be and do those things that count for eternity.

STEP EIGHT: Know About The Purpose Of This Creation

Rom 8:22 (NIV) **We know that the whole creation has been groaning as in the pains of childbirth right up to the present time.** Jesus, help me understand the temporary condition of my life here on earth. Help me see that all I do, what I say, and how I live here now has a great effect on my eternal future. Help me see why I am here and what I should do to make the most of my life.

STEP NINE: Know Why This Life Isn't Going To Be Perfect

Rom 8:23 (NIV) **Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption as sons, the redemption of our bodies.** Jesus, help me see that the suffering I face because of the temporary condition of this world and this life isn't worth being compared with the new heaven and earth.

STEP TEN: Know The Difference Between Hope And Faith

Rom 8:24 (NIV) **For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what he already has?** Jesus, help me have a strong hope in those things You haven't provided for me yet. Help me be able to see the things You have already done for me and accept them in faith. Then, when I receive miracles and blessings from Your current provisions, help them build my hope in Your future provisions.

STEP ELEVEN: Know What You Are GOING To Get

Rom 8:25 (NIV) **But if we hope for what we do not yet have, we wait for it patiently.** Jesus, give me the hope I need **“for what [I] do not yet have;”** and empower me so I can **“wait for it patiently.”**

STEP TWELVE: Know How To Pray For What You Don't Know

Rom 8:26 (NIV) **In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us with groans that words cannot express.** Jesus, teach me how to yield to the Holy Spirit so He can pray through me those things I don't know I need to pray for. Help me let Him express those **“groans that words cannot express.”**

STEP THIRTEEN: Know The Spirit Intercedes For You

Rom 8:27 (NIV) And He Who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will. Jesus, thank You for making it possible for my heavenly Father to search my heart so the Holy Spirit can pray for the things I need. Thank You for providing me with the Holy Spirit so He can intercede for me in accordance with God's will.

STEP FOURTEEN: Know God Works For Your Good

Rom 8:28 (NIV) And we know that in all things God works for the good of those who love Him, who have been called according to His purpose. Jesus, help me know that in all things God works for my good. Help me love Him with all my heart, soul, mind, and strength. Help me see that God is accomplishing His purpose so I can have all the good things I need and all the good things those around me need.

STEP FIFTEEN: Know God Predestined Your Life

Rom 8:29 (NIV) For those God foreknew He also predestined to be conformed to the likeness of His Son, that He might be the firstborn among many brothers. Jesus, help me realize that my heavenly Father knew me even before I was born. Help me see that He chose the time I was to be born, the place where I was to be born, the parents I was to have, the body I needed, the gender I was to have, and the circumstances I would need to face so as to give me my best chances for a great eternal future.

STEP SIXTEEN: Know Your Predestined Life

Rom 8:30 (NIV) And those He predestined, He also called; those He called, He also justified; those He justified, He also glorified. Jesus, help me see why You made me the way You made me, why I was born when I was born, why I was born where I was born, why I was given the parents I was given, why I have the body I have, why I have the gender I have, and why I face the circumstances I face. Help me appreciate what You gave me; and, help me take advantage of it to be the best I can be in You.

The Seven Love-Faith Questions

We now move into the final aspect of building, strengthening, increasing, and stabilizing our faith. All Christians much live by faith; we obtain salvation through faith; we live by it; and we grow spiritually through it. Faith, hope, and love are the three vital elements that all Christians must yield to. We have been getting our faith developed and stabilized through sixteen powerful verses. Now we bring our faith to God so He can perfect it through His love.

2 Cor 4:18 (NIV) So we fix our eyes **NOT** on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.

Heb 12:2 (NIV) Let us fix our eyes on Jesus, the Author and Perfector of our faith, Who for the joy set before Him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

STEP ONE: Know How To Respond To God's Love

Rom 8:31a (NIV) What, then, shall we say in response to this? Jesus, help me have the right, Godly, faith-filled, and love-motivated responses to each of these vital questions to me.

STEP TWO: Know God Is For You

Rom 8:31b (NIV) If God is for us, who can be against us? Jesus, help me have the faith to answer this question with complete, consistent, and total conviction. Pour this truth into my heart and mind so that I can base my life on this principle. Help me know that my heavenly Father is for me and that no one and nothing can defeat Him.

STEP THREE: Know The Greatness Of God's Gift

Rom 8:32 (NIV) He Who did not spare His own Son, but gave Him up for us all--how will He not also, along with Him, graciously give us all things? Jesus, if God didn't spare You, His Own Son, then it proves that He will along with You, graciously give me all things. Help me always keep that fact in mind; help me believe that God will do these things. Please make it possible for me to be open and available for graciously receiving all things from God.

STEP FOUR: Know You Are Free From Charges

Rom 8:33 (NIV) Who will bring any charge against those whom God has chosen? It is God who justifies. Jesus, help me believe this, when circumstances and people try to indicate that You have rejected me. Help me believe that no one or nothing can bring charges against me concerning my relationship with my heavenly Father and You.

STEP FIVE: Know That Jesus Is Interceding For You

Rom 8:34 (NIV) Who is he that condemns? Christ Jesus, Who died--more than that, Who was raised to life--is at the right hand of God and is also interceding for us. Jesus, thank You for dying for me and giving me Your death as being my death to sin. Thank You for raising to life for me and giving me Your life for now and eternity. Help me believe that You are interceding in my behalf for everything I need.

STEP SIX: Know That No Person Can Separate You

Rom 8:35a (NIV) **Who shall separate us from the love of Christ?** Jesus, help me always realize that people can't force me to be separated from Your love. Anyone who forces me to do things I don't want to do, cannot cause me to be separated from You. I thank You very much for that security You are providing me against people being able to force me out of Your love.

STEP SEVEN: Know That No Circumstance Can Separate You

Rom 8:35b (NIV) **Shall trouble or hardship or persecution or famine or nakedness or danger or sword?** Jesus, I thank You for not allowing trouble, hardships, persecution, famine, nakedness, danger, or weapons be able to force me out of Your love. Help me be able to remain faithful to You no matter what comes against me.

STEP EIGHT: Know Your Weaknesses

Rom 8:36 (NIV) **As it is written: "For Your sake we face death all day long; we are considered as sheep to be slaughtered."** Jesus, help me realize how much You are protecting me all the time. I am so vulnerable and exposed to possible damage, injury, pain, and death. It is a supernatural miracle that I have been able to live this long. Thank You for protecting me all during my existence here on earth.

STEP NINE: Know You Are More Than A Conqueror

Rom 8:37 (NIV) **No, in all these things we are more than conquerors through Him Who loved us.** Jesus, I thank You for making me more than a conqueror even though I should be like a sheep being led down a chute to the slaughter. I pray that You would teach me how to live the life of a conqueror in You. Teach me what it is, what You want accomplished through it, and how to yield to it so as to be completely within Your will.

STEP TEN: Know How To Be Convinced

Rom 8:38-39 (NIV) **For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.** Jesus, help me to be convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate me from the love of God that is in Christ Jesus my Lord. Create this conviction in me, I pray; teach me everything I need to know in order for me to have this kind of faith.

Congratulations!

You have just prayed your way through "**Taking Advantage Of Salvation Provisions,**" "**Taking Advantage Of Sanctification Provisions,**" "**Learning To Live The Life Of Faith,**" and "**The Seven Love-Faith Questions.**" Your heavenly Father heard every one of those prayers you prayed. All you have to do is ask Him to help you believe He heard them. Then you will see special miracles take place in your mind, heart, and life because you prayed these prayers.