Philippians 4:8 Conflict Resolution List

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

Provide Everyone With A List And Worksheets

1. **Whatever is true:** Each person should write out a brief statement of what they "believe" the TRUE problem is on their own worksheet.

2. **Whatever is noble, honorable:** *Definition: "Having or showing fine personal qualities or high moral principles and ideals."* Let each person write out a solution that they "feel" would be a NOBLE solution to the problem on their own worksheet.

3. **Whatever is right, just, fair:** Take all written, NOBLE solutions and start drawing up a solution that is RIGHT for everyone involved.

4. **Whatever is pure:** Go over all RIGHT solutions and pinpoint what things within them are just emotions of anger, revenge, greed, covetousness, selfishness, or jealousy and see if they can be eliminated. This should produce a PURE solution that can be written out.

5. **Whatever is lovely, loveable, amiable, friendly:** Next, put the notes aside and see if you can agree to establish an atmosphere that is amiable or friendly. Let a foundation of cordiality and cooperation help you come up with a relationship that is TRYING to get along with each other. This can take a certain amount of compromising.

6. **Whatever is admirable, kind, gracious:** Now, you are trying to come up with a solution that, if shown to others, would get their respect and approval for the type of cooperation and fairness you have come up with. See if you can write up an ADMIRABLE solution to the problem or issue.

7. **If anything is excellent:** Next, you want to go over the solution and see if it can be jointly drawn up in such a way that it is even more friendly and fair than before. This is called an EXCELLENT solution that provides greater benefits and better results.

8. **If anything is praiseworthy:** Spend some time going over the EXCELLENT solution and see if there are things you can honor that are wise, fair, and in some cases sacrificial, and complement each other for them. See if you can express appreciation to each other for all the hard work and compromise from everyone involved.

9. **Think about SUCH things:** Finally, spend some time planning and agreeing to follow this system and procedure for all your upcoming issues and problems. See if you can agree to start from a friendly, cooperative attitude from the very beginning of the solution process.

Philippians 4:8 Worksheet

A TRUE Statement Of The Problem

A NOBLE Solution

A RIGHT Solution

An Admirable Solution

An Excellent Solution

Praise And Appreciation Statements