My Personal Assessment Worksheet

Version 25.1.18

Please answer these questions so as to get a feel for where you are at this point in time. Space has been provided for you to write down those things you want to put under each question. If you need more space, use the back or a separate sheet.

1. What are the things that are bothering you the most?

2. What goals have you set up as being the most important accomplishments for your life?

3. What plans have you put in place that are now influencing most of your decisions?

4. What kind of circumstances have come your way that have shaped a lot of your life?

5. What relationships have you established that are major contributors to the way you live?

6. Are you happy with the way you are living?

7. Are you satisfied with the way your life is heading?

8. Would you like Jesus to help with it all?